

LRGC Health & Safety Policy



Organisational Responsibilities

Lyme Regis Gig Club (LRGC) recognises the importance of integrating appropriate health and safety standards into all aspects of its activities. LRGC believes that the only approach to injury, ill health and loss prevention is through a positive safety culture, where everyone is actively involved in the systematic identification of hazards and the evaluation and control of risk.

LRGC will fully uphold the commitments laid down in this Policy by devising and implementing suitable health and safety practices. It will provide suitable and sufficient information, instruction, training and supervision to all members. These practices will support LRGC's objective to pursue, obtain and maintain the highest level of safety management. To achieve this goal LRGC requires the full co-operation of its Committee and all other LRGC members.

In order to maintain the highest possible standards, LRGC will regularly review and monitor the effectiveness of its health and safety arrangements.

LRGC Chairman will have overall responsibility for this Policy and will be supported by LRGC committee and other officers appointed to specific health and safety roles.

LRGC Chairman will ensure that:

- LRGC complies with all relevant health and safety legislation;
- LRGC appoints a Club Safety Officer (CSO) from its membership;
- LRGC has a Health and Safety Policy in place;
- The Committee actively promotes the underpinning ethos of the Policy;
- Adequate resources are available to implement the Policy;
- This Policy is regularly reviewed and new arrangements are implemented as appropriate;
- Appropriate health and safety documentation is maintained;
- Health & safety documentation is made available at <http://www.lymeregisgigclub.com/>;
- A copy of this Health and Safety Policy is made available to each member.

The Club Safety Officer is Chris Waller

The Club Rowing Safety Advisor is British Rowing.

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Code of Conduct for Club Members

LRGC members will:- - adhere to all health and safety requirements laid down by LRGc and the Cornish Pilot Gig Association (CPGA); - be committed to the well-being and safety of all; - demonstrate proper standards of behaviour, language and manner when representing LRGc; - accept responsibility for their actions at all times; - co-operate with LRGc regarding the application and requirements of health and safety legislation and this Policy.

Statement

LRGC aims to:- - provide adequate control of the health and safety risks arising from its activities; - consult with its members on matters affecting their health and safety; - provide and maintain safe facilities and equipment; - ensure safe handling and use of substances; - provide training, information, instruction and supervision for all members; - ensure all members are competent to undertake activities; - prevent accidents; - review and revise this Policy as necessary.

LRGC will achieve this by:- - undertaking relevant risk assessments; - reviewing risk assessments annually or when activities change, whichever is soonest; - ensuring action required to remove/control risks is carried out; - confirming that the implemented actions have removed/reduced the risks.

Signed.....*Heather Prior*..... Date.....*14/11/2019*.....

HEATHER PRIOR (LRGC Chairman)

This document will remain valid for 12 months unless anything renders it, or parts of it, inappropriate for its intended purpose.

Reference : LRGc safety document – LRGc Health & Safety Policy - issue 1 (November 2019)

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